

# Adath Israel Tradition

Serving the Adath Israel Chavurah since 1904

Newtown, Monroe, Bethel, Brookfield, Southbury, Trumbull, Oxford, Danbury

(The Little Synagogue that Could: First building: 1919, First rabbi: 1923)

Ritual: Conservative Social: Progressive Oneg Shabbats: Priceless

חברה עדת ישראל

April  
2018



16 Nisan - 15 Iyar  
5778

## Happy Passover

Come Experience Congregation Adath Israel's

### "Shabbat Before Bedtime"

**Friday April 6 and May 4**

**6:00 pm**

Calling all families with young children... Join us for a joyous, raucous, percussion and dance filled 45 minutes as we welcome the Sabbath -- young and young at heart are all invited. Infuse your children with the joy of Judaism and then on to bed!!



<https://www.facebook.com/congadathisraelnewtown>

### Israeli Folk Dancing



Join us on Tuesdays  
April 10 & 17

7:30 PM in the Social Hall

Wear comfortable shoes.  
Good aerobic workout!

### SCHOOL VACATION

April 15 - April 22

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# From the Rabbi's Study



## Counting the Days

Beginning on the second night of Passover we count the Days of the Omer. An Omer is a biblical dry measure, somewhat smaller than a bushel. The Torah prescribes the practice of setting aside this measure of the new barley harvest, which would happen close to the time of Passover, and then counting each of the 49 days between Passover and the Holy Day of Shavuot, which commemorates the day when the People of Israel received the "Ten Statements of Commandments" at Mt. Sinai. Then that Omer of grain would be brought as an offering to the Holy Temple.

This counting of the Days between Passover and Shavuot constitutes a mental chain connecting them to each other. It creates a message telling us that the purpose of the freedom that Passover represents is to enable humanity to create a civilization that embodies the values of the teachings of the Torah.

May our observance of the Holy season of Passover and Shavuot inspire us to dedicate our energies towards increasing human dignity, freedom and happiness in the world.

Khag Sahmayakh, Happy Festivals to all.

~ Rabbi Barukh Schectman

## President's Message

Dear Congregants,

As many of you know, Florence and I spent two weeks of our holiday in Israel. The time spent there convinced me that the Israeli's are most pleased with their relationship with the United States. They are grateful for the aid we give them and the support in many areas of their daily lives. We had a wonderful time exploring the diversity of the topography, the people and especially the food. It is however good to be home and preparing for Passover. This year is a special occasion as our eldest grand daughter, Jessica will be with us and we will have the delightful experience of having our sixteen month-old great grandson Ezra David to help find the afi koman.

Thank you one and all for the outstanding work performed for Adath Israel in my absence. The board and committees were most diligent in making sure that all in our congregation that were in need of service was fulfilled.

Wishing all a very warm and meaningful celebration of freedom with family and friends.

With Blessings of Shalom,  
Bob and Florence Rubinstein

## Israeli Folk Dancing Group Forming

Israeli folk dancing has come to Adath Israel!! In Israel itself, there are thousands of dancers who enjoy Israeli dancing—known as *Rikudei Am* (dances of the people)—they meet regularly and have huge repertoires of dances. In our congregation, a group of budding enthusiasts are gathering at the synagogue to learn a few of these traditional dances. We will be meeting twice monthly on Tuesday evenings. No prior experience is necessary. We are starting with simple dances that can be learned easily. It will be fun, it will be lively, and it will be aerobic! For more information, and to be put on the group's mailing list, contact Katherine Kohrman at [ritual@congadathisrael.org](mailto:ritual@congadathisrael.org).

## Bar Mitzvah Project

### Helping the Animal Welfare Society

Spencer's Bar Mitzvah is on June 16 and for his Mitzvah Project he will be collecting donations for the New Milford Animal Welfare Society. There is a box in the synagogue lobby for dog and cat food (canned or dry), toys, blankets and cleaning supplies. And also, a donation jar for anyone who would like to make a cash donation.

We would like to thank everyone in advance for helping to support this worthy cause. To learn more, please visit the New Milford Animal Welfare Society's website at [www.aws-shelter.org](http://www.aws-shelter.org).

~ Thanks - Chad, Cara and Spencer

# KOSHER CREATIONS

Welcome to our NEW newsletter section, Kosher Creations!

We hope you will enjoy trying out these tasty treats each month. Bonnie Goldstein will be collecting and compiling the recipes for the newsletter. If you would like to contribute a favorite recipe for this section, please email it to her at [bhgoldstein1836@gmail.com](mailto:bhgoldstein1836@gmail.com). If you have a photo of your dish to include with the recipe, send that too! Recipes must follow Kosher guidelines.

Our first two recipes are for Passover:

## Apple Cake

(Gluten, Grain, Sugar and Dairy Free)

From: Bonnie Goldstein

Serves 8

### Ingredients

4 eggs  
½ c honey  
½ c coconut oil (melted) (I use avocado oil)  
1 C peeled, and diced apple pieces  
3 C blanched almond flour  
½ tsp salt  
½ tsp. baking soda

Preheat oven to 350°

### Prepare your baking pan

Line a 6"-8" round springform pan with parchment paper on the base, trim the excess. Close the springform pan and butter the sides and the parchment covered base (I used Passover olive oil spray) Set aside.

### Prepare the apple pieces

Peel, quarter, and deseed a sweet crisp apple (honey crisp suggested).  
Slice into ¼" inch slices.  
Halve each slice and then cut into pieces (this way your pieces are square and not rectangular).

Whisk the eggs, honey and oil.

Mix the apple pieces into the whisked, wet ingredients.

In a separate bowl, mix the blanched almond flour, salt and baking soda.

Mix the wet and dry ingredients together. Blend well.

Pour into the prepared springform pan.

Bake around 45 minutes, maybe longer, but watch for too much browning.

Remove from the oven and let cool 30 minutes to an hour.

Don't worry if your cake sinks in the center, this is a dense and heavy cake.

Slice into triangles and serve.

## Broccoli/Carrot Passover Muffins

From: Bonnie Goldstein

1 onion (sautéed in a little oil)  
4 carrots (peeled and grated)  
2 pkgs. Chopped Broccoli (frozen)  
½ c Matzo Meal  
4 eggs  
1 tsp salt  
1/8 tsp pepper

Cook and drain broccoli  
Add other ingredients  
Put in greased muffin tins  
Bake at 350° for 40-45 minutes

# THE NEZVESKY SCHOOL

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Chag Sameach!

Passover will be here this weekend and the school did its part with a Model Seder where all the children participated in the prayers, songs and retelling of the story. Special thanks go out to Sara Barnes who organized all the food and did the setup. I'd also like to thank Nanette Greene for helping set up and all the families who stayed to clean up. The food was provided by the Anton, Arena, Freylikhman, Gilman, Greene, Malitsky, Markowsky, Rosen, and Tingley families.

Because of the Newtown School Vacation, we will have a shortened April session. We will have Sunday School on April 8 and 29, and Tuesday School on April 3, 10, and 24. On April 29 we will celebrate Lag B'Omer with our traditional bonfire and s'mores.

Happy Pesach,

David Smith  
Education Chair  
[educationchair@congadathisrael.org](mailto:educationchair@congadathisrael.org)  
[203-770-1685](tel:203-770-1685)

## TEACHERS, SUBSTITUTE TEACHERS & TEACHER HELPERS WANTED

Take part in our children's  
Jewish Education!

We're looking for teachers, substitutes and  
helpers for the 2018-19 school year.

Call David Smith at 203-364-1788  
for more information.

## Ima Abba v'Ani

A pre-school playgroup at  
Adath Israel in Newtown



For children ages 2 to 5 (pre-Kindergarten) and their parent or caregiver. Children learn about the Jewish holidays in an age-appropriate way, make crafts, sing and dance, and have a GREAT time. This program meets once a month from 9:30 to 10:30 on Sunday mornings during the school year. FREE to attend.

### DATES and TOPICS are as follows:

April 8 (Israel Independence Day, Lag B'Omer)

May 6 (Shavuot)

June 10, 2018 (end of year festivities)

*A "themed" snack will be provided. If your child has allergies, you may want to provide a Kosher (dairy/pareve) snack for your child.*

Call or email the office for more information.  
203-426-5188 or [office@congadathisrael.org](mailto:office@congadathisrael.org)



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Free Jewish themed books and  
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months through 8 years.

Sign up at:

[PJLibrary@jfed.net](mailto:PJLibrary@jfed.net)



# SCHOOL MODEL SEDER

Sunday March 25



*Photos by Leslie Murray*



## CLUBS & COMMITTEES

### MAH JONG MADNESS



**NOW ON WEDNESDAYS!**

7:00 PM at Adath Israel

For both experienced and  
beginner players

### MEN'S CLUB Join Today!

**Contact Steve Vine**

[brotherhood@congadathisrael.org](mailto:brotherhood@congadathisrael.org)

### *Caring Committee Update*

During the month of March, we sent out cards to several families and planted a tree in Israel in memory of Charles Berger. In addition, we are providing rides to the Berger family for services on Friday evenings. Our committee provided meals to one of our congregants as she recovered from a recent surgery. Thanks to all the families who participated with meals. She was very appreciative.

Our committee also made several donations to the Interfaith Partnership for Refugees (IPRR) to help immigrant families settle in our local area.

Lastly, we would like to thank all the committee members who helped to provide the delicious treats for the recent Oneg we sponsored. Please contact Sue Morse at [suemorse50@gmail.com](mailto:suemorse50@gmail.com) if you know of anyone who would benefit from our services.

Susan Littlefield  
Secretary

### SISTERHOOD



Sisterhood met at El Coyote this month.

We discussed various ways of starting an on-line cookbook that we can all access and add to. More details to follow. Our next meeting will be at Nostranos on April 19th.

Please contact  
Bonnie Goldstein  
to find out more.

[sisterhood@congadathisrael.org](mailto:sisterhood@congadathisrael.org)



### Adath Israel Women's Book Club

The next meeting of the Adath Israel Book Club will be on Monday April 30 at 7:30 P.M. Location to be determined. We invite all members to join our club. We choose a variety of genres of literature to discuss. The current book we are reading is:

**THE WALL AND THE GATE**  
*By Michael Sfard*

Even if you haven't read the book, consider joining us and helping to choose our next book. We usually meet bimonthly. If interested, please email Amy Greenfield at [aswgreenfield@aol.com](mailto:aswgreenfield@aol.com).



# COMMUNITY PROGRAMS & EVENTS

## Spring Fling

April 11, 2018 from 11:30 AM - 2:00 PM

Jewish Federation

444 Main Street North, Southbury

Join us for Lunch, Shopping & Dancing to Tunes by our DJ!  
Dress to Impress! Prizes for Best Dancer & Best Dressed!  
Lunch by Katz's Deli includes: Pastrami, Corned Beef & Tuna  
Give us your meal choice when you purchase tickets.

TICKETS: \$10

Space is limited, buy your tickets now - **NO WALK-INS!**  
Call 203-887-5047 or 203-267-3177, x340 by April 3

Presented by:



## JEWISH FAMILY SERVICES OF GREATER DANBURY/PUTNAM

Phone: (203) 794-1818

e-mail: [jfsdanbury@gmail.com](mailto:jfsdanbury@gmail.com)

FACEBOOK: [jewishfamilyservicesofgreaterdanbury/putnam](https://www.facebook.com/jewishfamilyservicesofgreaterdanbury/putnam)

\*\*\*\* NEW WEBSITE: \*\*\*\* [jfsdanbury.weebly.com](http://jfsdanbury.weebly.com)

*JFS is your helping hand... reach out for us!*

Providing resource information via short term consultations and evaluations to define your needs when facing:

- \* Senior living – homecare, long-term care options; transportation; adult day programs;
- \* Mental health care – counseling services, support groups, caregiver respite, bereavement;
- \* Medical-related topics – medical helplines, equipment and supplies; disability resources
- \* Other normal life cycle transitions and stressful life events

JFS SERVICES ARE:

PROFESSIONAL \* CONFIDENTIAL \* WITHOUT FEES

## The Jewish Genealogical Society of Connecticut

Please join the Jewish Genealogical Society of Connecticut on Sunday, April 15, 2018, at 1:30 pm at Temple Sinai, 41 West Hartford Rd, Newington, as Marian Burk Wood presents Planning a Future for Your Family's Past: Organize Your Genealogy and Share With Future Generations. This program is free and open to the public. For additional information, visit [www.jgsct.org](http://www.jgsct.org).

BACK BY POPULAR DEMAND

In celebration of Israel's 70<sup>th</sup> Birthday

## THE MACCABEATS



*The international sensation as seen on TV, at The White House, Gracie Mansion and in cities across the US performing an array of Jewish, American and Israeli songs*

Sunday April 8, 2018 at 3PM

VIP Reception at 2PM

Tickets: \$36 Adults, \$18 Youth 8-16 (children 7 & under free)

VIP Reception \$54 Adults, \$36 Youth (includes ticket & priority seating)

United Jewish Center

141 Deer Hill Avenue • Danbury, CT

Supported by the Lawrence M. Goldstein Youth Education Fund (Larry's Fund)



For more information go to:

[www.brownpapertickets.com/event/3330624](http://www.brownpapertickets.com/event/3330624)

## YOM HASHOAH

### A Time to Remember A Time to Hope

April 10, 2018 4:30–5:30 PM

Jewish Federation of Western CT

444 Main Street North, Southbury

Panel Discussion &  
Memorial Candle Lighting Ceremony

RSVP by April 4, 2018. 203-267-3177, x340



Jewish Federation  
OF WESTERN CONNECTICUT

## **IN MEMORIAM    Yahrzeits: April 2018**

2 Apr	17 Nisan	Gloria Brotman, Sister of Florence Rubinstein
3 Apr	18 Nisan	Kalman Spigel, Father of Ruth Theaman
4 Apr	19 Nisan	Helen Rubenstein, Mother of David Rubenstein
6 Apr	21 Nisan	Richard Mott, Father of Sara Barnes
14 Apr	29 Nisan	Thomas Flint, Father of Rachel Lattin
15 Apr	30 Nisan	Irving Weiss, Brother of Florence Rubinstein
17 Apr	2 Iyar	Rose Heyman, Aunt of Jay Slomka
18 Apr	3 Iyar	Katie J. Chiprut, Grandmother of Jack Nahmias
19 Apr	4 Iyar	Jack Altenhof, Brother of Jodi Altenhof
19 Apr	4 Iyar	Seymour Naidich, Father of Michelle Tenenbaum
20 Apr	5 Iyar	Myron Nowes, Brother of Gilda Slomka
20 Apr	5 Iyar	Neil Morse, Husband of Susan Morse
24 Apr	9 Iyar	Arlene Goldstein, Mother of Laura Goldstein
26 Apr	11 Iyar	Harvey Buckwald, Father of Lauren DiMartino
26 Apr	11 Iyar	Sylvan Philip Herbst, Father of Bill Hillman

### **... and let us not forget**

2 Apr	17 Nisan	Hannah Kaufman
9 Apr	24 Nisan	Samuel Smolen
10 Apr	25 Nisan	Esther Lee Nezvesky
10 Apr	25 Nisan	Mark S. Chanko
14 Apr	29 Nisan	Isaac Goldstein
22 Apr	7 Iyar	Rebecca Bernstein
22 Apr	7 Iyar	Shia Goosman
23 Apr	8 Iyar	Benjamin Bernstein
24 Apr	9 Iyar	Morris Redalje
25 Apr	10 Iyar	Eli Brier

## **BRONZE MEMORIAL NAMEPLATE**

If you wish to install a memorial nameplate in the sanctuary,  
please contact Susan Rubin at 203-426-5188 or by email  
[office@congadathisrael.org](mailto:office@congadathisrael.org)

## **CEMETERY PLOTS AVAILABLE**

Adath Israel Cemetery  
(a division of B'nai Israel Cemetery)

472 Moose Hill Road,  
Monroe, CT

Information packets are available.  
Please contact Susan Rubin at  
[office@congadathisrael.org](mailto:office@congadathisrael.org)  
or call 203-426-5188.

## **Have an opinion? Like to write?**

**Newsletter contributions  
are always welcome...**

**Have family or student  
news you would like to  
share?**

**Contact:**  
[newsletter@congadathisrael.org](mailto:newsletter@congadathisrael.org)

## **CONTACT INFORMATION**

Office Phone: 203-426-5188

Rabbi Barukh Schectman  
[rabbi@congadathisrael.org](mailto:rabbi@congadathisrael.org)

Administrative Assistant: Susan Rubin  
[office@congadathisrael.org](mailto:office@congadathisrael.org)

### **2017 – 2018 Officers of the Board**

President: Bob Rubinstein  
[president@congadathisrael.org](mailto:president@congadathisrael.org)

Vice - President: Amy Greenfield  
Vice - President: Susan Littlefield  
[vicepresident@congadathisrael.org](mailto:vicepresident@congadathisrael.org)

Treasurer: Dan Greenberg  
[treasurer@congadathisrael.org](mailto:treasurer@congadathisrael.org)

Secretary: Jim Arena  
[secretary@congadathisrael.org](mailto:secretary@congadathisrael.org)

Member at Large: Lauren DiMartino  
Member at Large: Matthew Krichmar  
Member at Large: Jessica Sachs

### **2017 – 2018 Committee Chairpersons**

Birthday Books: Mardi Smith

Education Chairperson: David Smith  
[educationchair@congadathisrael.org](mailto:educationchair@congadathisrael.org)

School Parent Coordinator: Sara Barnes  
[parentcoordinator@congadathisrael.org](mailto:parentcoordinator@congadathisrael.org)

Teen Volunteer Coordinator: Matt Krichmar

Care & Share Committee: Susan Morse

Fundraising: **available**  
[fundraising@congadathisrael.org](mailto:fundraising@congadathisrael.org)

Honorarium: Susan Rubin  
[office@congadathisrael.org](mailto:office@congadathisrael.org)

House: Mark Silverman  
[house@congadathisrael.org](mailto:house@congadathisrael.org)

Membership: Leah Newman  
[membership@congadathisrael.org](mailto:membership@congadathisrael.org)

Men's Club: Steve Vine  
[brotherhood@congadathisrael.org](mailto:brotherhood@congadathisrael.org)

Newsletter: Susan Rubin  
[newsletter@congadathisrael.org](mailto:newsletter@congadathisrael.org)

Programs: Jodi Markowsky  
[programs@congadathisrael.org](mailto:programs@congadathisrael.org)

Publicity: Karen Klein  
[publicity@congadathisrael.org](mailto:publicity@congadathisrael.org)

Ritual: Katherine Kohrman  
[ritual@congadathisrael.org](mailto:ritual@congadathisrael.org)

Safety: David Wiener  
[safetycommittee@congadathisrael.org](mailto:safetycommittee@congadathisrael.org)

Sisterhood: Bonnie Goldstein  
[sisterhood@congadathisrael.org](mailto:sisterhood@congadathisrael.org)



## DONATIONS

We gratefully acknowledge the following contributions to temple funds:

### **General Fund**

Alyce Block in memory of Theresa Block  
Daniel Block in memory of his wife, Theresa Block  
The Rubenstein & Brault families in memory of Helen Rubenstein

### **Caring Community Fund**

Bonnie & Robert Goldstein in memory of Barbara Magilnick  
Diane Gamse in memory of her mother, Sue Shapiro

## **THANK YOU TO OUR MARCH ONEG SPONSORS**

**Friday, March 9 - Shabbat Across America participants**

**Friday, March 23 - The Caring Committee**

### **“LEAVE YOUR LEGACY ON THE TREE OF LIFE”**



A great way to honor past and present family members and friends

Large Leaf—\$1800. each;

Small Leaf—\$180. each

Order forms available at the synagogue or by emailing:

[office@congadathisrael.org](mailto:office@congadathisrael.org)

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Newtown, CT 06470  
office: 203-426-2468, ext 13  
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ch/06-1365965](http://smile.amazon.com/ch/06-1365965)

## **HOST AN ONEG OR KIDDUSH**



Hosting a Friday Oneg or Saturday Kiddush is performing a Mitzvah for our community. After services is a time when we have a chance to slow down and catch up on the weekly events with our fellow congregants.

It's not only a Mitzvah, but a way for you to celebrate an event in your family and share the good news with our congregation. Many people host to commemorate birthdays, anniversaries, engagements, awards, graduations, victories and other happy occasions. You may also host in memory of a loved one. Of course, you don't need a reason to host and you may also buddy up and host with a friend.

If you wish to participate in this Mitzvah or for more information, please e-mail the office at:

[office@congadathisrael.org](mailto:office@congadathisrael.org)

### Friday Oneg Dates Available

April 6, 13, 27

May 4, 18, 25

June 8, 22, 29 August 10

### Saturday Kiddush Dates Available

April 7

Sponsor an Oneg or Kiddush this year.

**Reserve your date now!**

## **ADVERTISING IN THE NEWSLETTER**

Business card : \$10 mo. / \$90 yr.

1/4 page: \$15 mo. / \$135 yr.

1/2 page: \$25 mo. / \$225 yr.

Full page: \$45 mo. / \$405 yr.

Email: [newsletter@congadathisrael.org](mailto:newsletter@congadathisrael.org)

# APRIL 2018

Sun Apr 1	Mon 2	Tue 3	Wed 4	Thu 5	Fri 6	Sat 7
16 Nisan 5778	17 Nisan 5778	18 Nisan 5778	19 Nisan 5778	20 Nisan 5778	21 Nisan 5778	22 Nisan 5778
No School	Pesach III	Pesach IV	Pesach V	Pesach VI	Pesach VII	Pesach VIII
● 8:08pm Yom Tov ends	● 4:30pm School gr. 4-7 ● 6:30pm Adult Ed ● 7:45pm Ritual Mtg	● 4:30pm School gr. 4-7 ● 6:30pm Adult Ed ● 7:45pm Ritual Mtg		● 7:05pm Candle lighting	● 6pm Shabbat Before Bed ● 7:06pm Candle lighting ● 7:30pm Service	● 9:30am Service ● 11am Yizkor service ● 8:15pm Shabbat Ends
8	9	10	11	12	13	14
23 Nisan 5778	24 Nisan 5778	25 Nisan 5778	26 Nisan 5778	27 Nisan 5778	28 Nisan 5778	29 Nisan 5778
● 9:30am School ● 9:30am PreSchool Playgr		● 4:30pm School gr. 4-7 ● 6:30pm Adult Ed ● 7:30pm Israeli Dancing		Yom HaShoah	● 7:13pm Candle lighting ● 7:30pm Service	Parashat Shmini ● 8:22pm Shabbat Ends
15	16	17	18	19	20	21
30 Nisan 5778	1 Iyar 5778	2 Iyar 5778	3 Iyar 5778	4 Iyar 5778	5 Iyar 5778	6 Iyar 5778
No School		No School ● 7:30pm Israeli Dancing		Yom HaAtzma'ut ● 7pm Sisterhood Mtg	● 7:21pm Candle lighting ● 7:30pm Service	Parashat Tazria-Metzora ● 8:30pm Shabbat Ends
22	23	24	25	26	27	28
7 Iyar 5778	8 Iyar 5778	9 Iyar 5778	10 Iyar 5778	11 Iyar 5778	12 Iyar 5778	13 Iyar 5778
No School		● 4:30pm School gr. 4-7 ● 6:30pm Adult Ed ● 7:30pm Board Mtg		● 7:30pm Edu mtg via phon	● 7:28pm Candle lighting ● 7:30pm Service	Parashat Achrei Mot-Kedo ● 9:30am Learning Service ● 8:38pm Shabbat Ends
29	30	May 1				
14 Iyar 5778	15 Iyar 5778	16 Iyar 5778				
School LagB'Omer Program ● 9:30am School		● 4:30pm School gr. 4-7 ● 6:30pm Adult Ed ● 7:45pm Ritual Mtg				